

Mt Diablo Zen Group 2026 Calendar (updated 17 December 2025)

Please check mtdiablozen.com for any updates. To obtain the zoom link or for questions, contact:
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Wednesday Evening Program

We meet in-person on the 1st 3rd and 5th Wednesdays of the month and via Zoom on the 2nd and 4th Wednesdays (except zendo holiday 25 November)

6:45pm	Soji (silent temple cleaning)
7:00	Zazen
7:30	Reading / Discussion or Talk
8:00/8:30	End Zoom/End In-person

5th Wednesdays are silent retreats (zazenkai)

April 29 July 29 September 30 December 30

6:55 pm	Enter the zendo in silence
7:00	Zazen
7:25	Kinhin (walking meditation)
7:30	Zazen
7:55	Kinhin
8:00	Zazen
8:25	Closing bells; depart zendo in silence

Annual Ceremonies (In-person, Wednesdays 7pm)

Buddha's Birthday–April 1 Sejiki–November 4 Buddha's Enlightenment–December 16

Saturday Morning Program (In-person)

March 28	November 14
8:00	Robe chant, zazen
8:30	Kinhin
8:40	Zazen
9:10	Service
9:20	Break
9:40	Zazen
10:10	Kinhin
10:20	Zazen
10:50	Outdoor Kinhin
11:00	Talk
11:40	Bodhisattva vows
11:45	Cleanup
11:55	End

